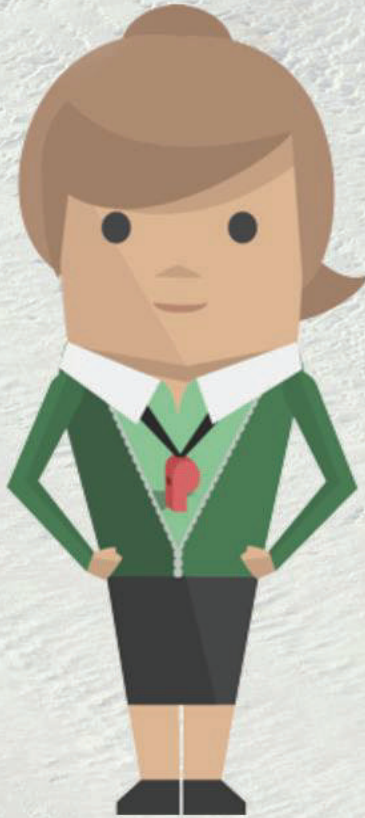


WORLD  
ANTI-DOPING  
AGENCY



WELCOME TO



The anti-doping e-learning platform (ADeL) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.

Log in

Register

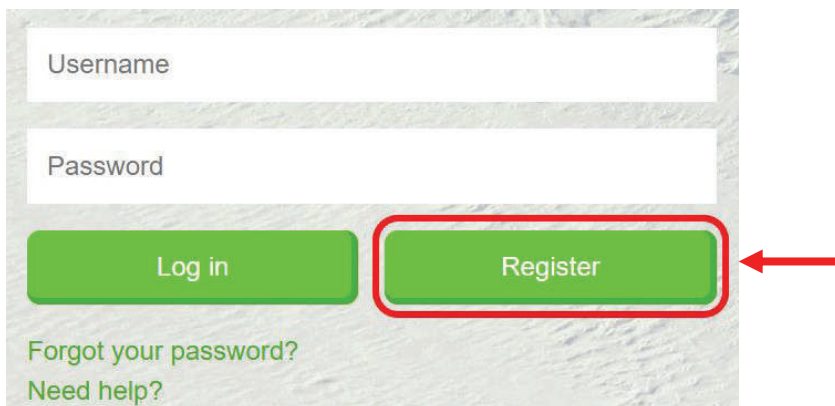
# ADeL User Guide

Version 1.0

## 1. Creating your account

### 1.1 How to register

- (1) Go to the ADeL website: <https://adel.wada-ama.org/en>
- (2) Click on the 'Register' to create your account:



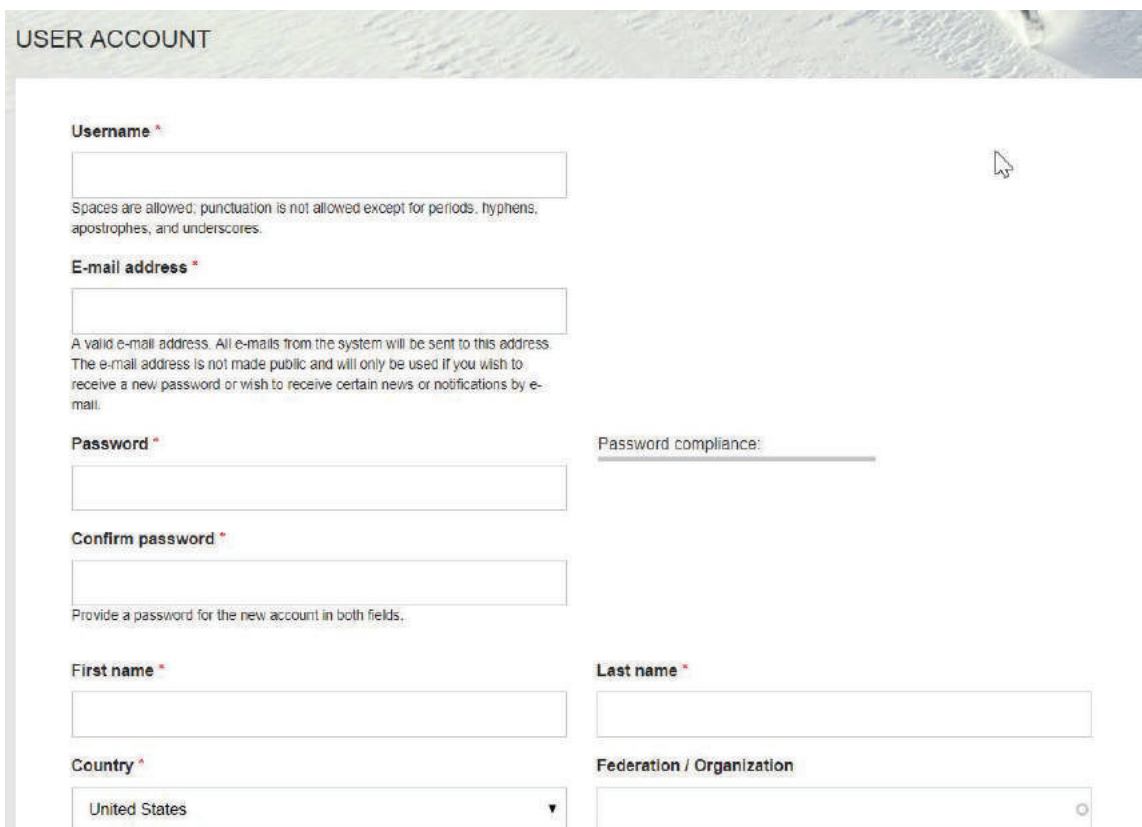
Username

Password

Log in Register

Forgot your password?  
Need help?

- (3) Complete the 'USER ACCOUNT' form. Fill in the required areas marked by (\*)



USER ACCOUNT

**Username \***

Spaces are allowed; punctuation is not allowed except for periods, hyphens, apostrophes, and underscores.

**E-mail address \***

A valid e-mail address. All e-mails from the system will be sent to this address. The e-mail address is not made public and will only be used if you wish to receive a new password or wish to receive certain news or notifications by e-mail.

**Password \***

Password compliance: \_\_\_\_\_

**Confirm password \***

Provide a password for the new account in both fields.

**First name \***

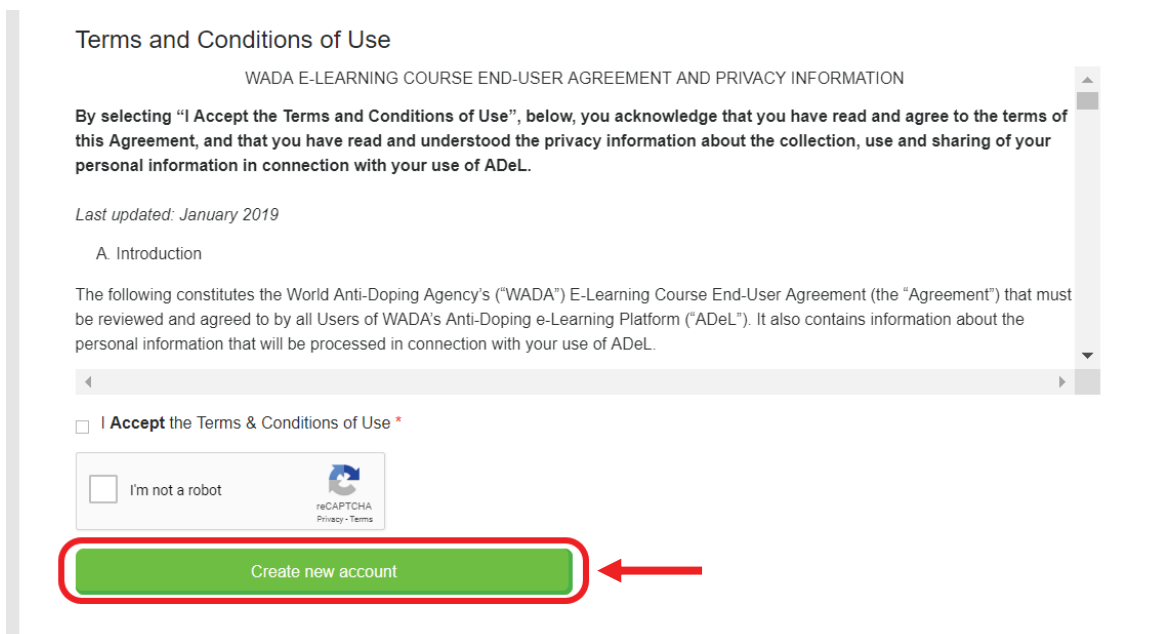
**Last name \***

**Country \***

United States ▼

**Federation / Organization**

#### (4) Agree to the Terms & Conditions and click on 'Create new account'



Terms and Conditions of Use

WADA E-LEARNING COURSE END-USER AGREEMENT AND PRIVACY INFORMATION


By selecting "I Accept the Terms and Conditions of Use", below, you acknowledge that you have read and agree to the terms of this Agreement, and that you have read and understood the privacy information about the collection, use and sharing of your personal information in connection with your use of ADeL.

Last updated: January 2019

A. Introduction

The following constitutes the World Anti-Doping Agency's ("WADA") E-Learning Course End-User Agreement (the "Agreement") that must be reviewed and agreed to by all Users of WADA's Anti-Doping e-Learning Platform ("ADeL"). It also contains information about the personal information that will be processed in connection with your use of ADeL.

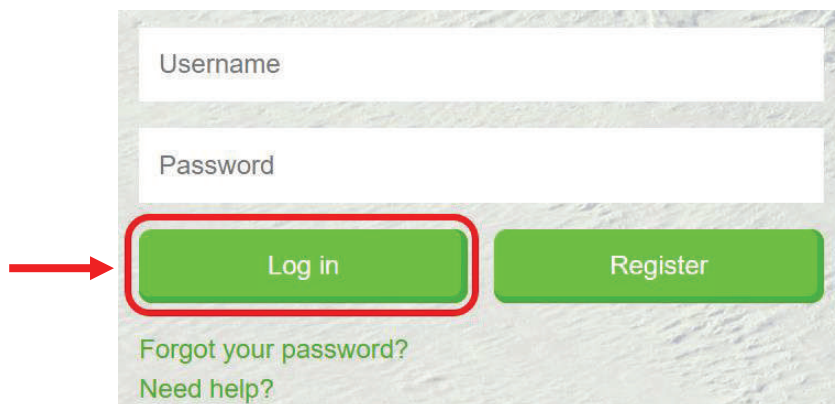
I Accept the Terms & Conditions of Use \*

I'm not a robot  reCAPTCHA  
Privacy - Terms

Create new account

## 1.2 How to log into your account

- (1) Go to the ADeL website: <https://adel.wada-ama.org/en>
- (2) Fill in your username and password. Click on 'Log in'



Username

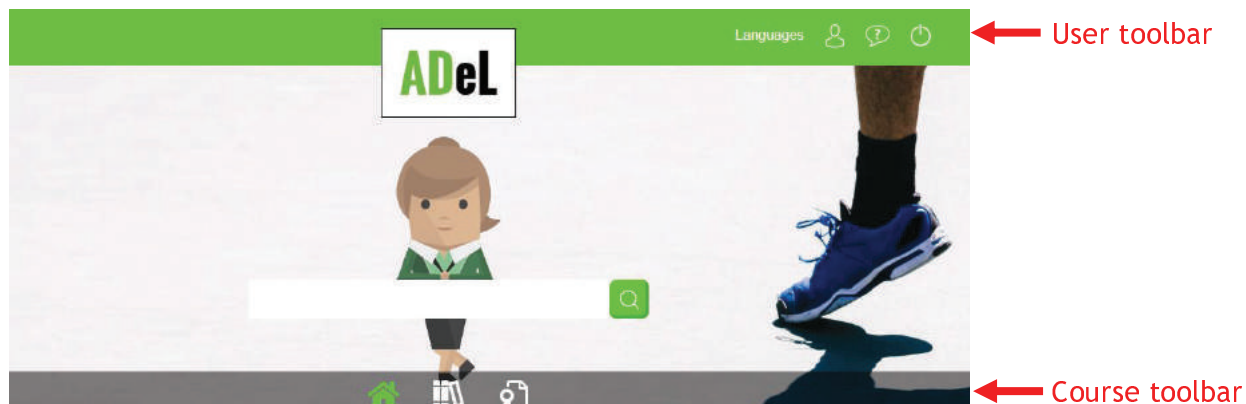
Password

Log in Register

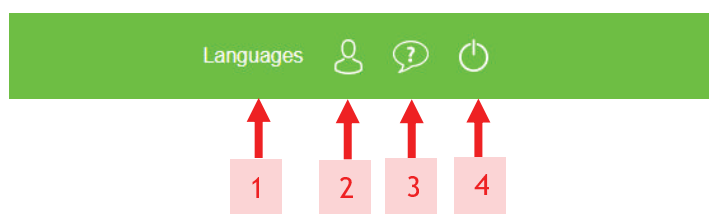
[Forgot your password?](#)

[Need help?](#)

## 1.3 Navigating through the ADeL homepage



### 1.3.1 User toolbar

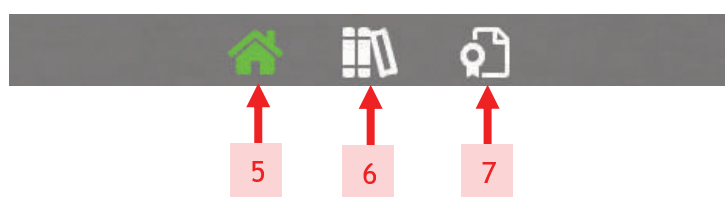


- 1 'Languages': Choose which language you would like your account to display.

*There are 13 languages available including: English, French, Spanish, Cambodian, Croatian, Bahasa Indonesia, Japanese, Malay, Polish, Russian, Slovenian, Thai and Vietnamese.*

- 2 'User account': View & edit profile details
- 3 'FAQ': Consult the frequently asked questions about ADeL
- 4 'Logout': Exit the ADeL platform

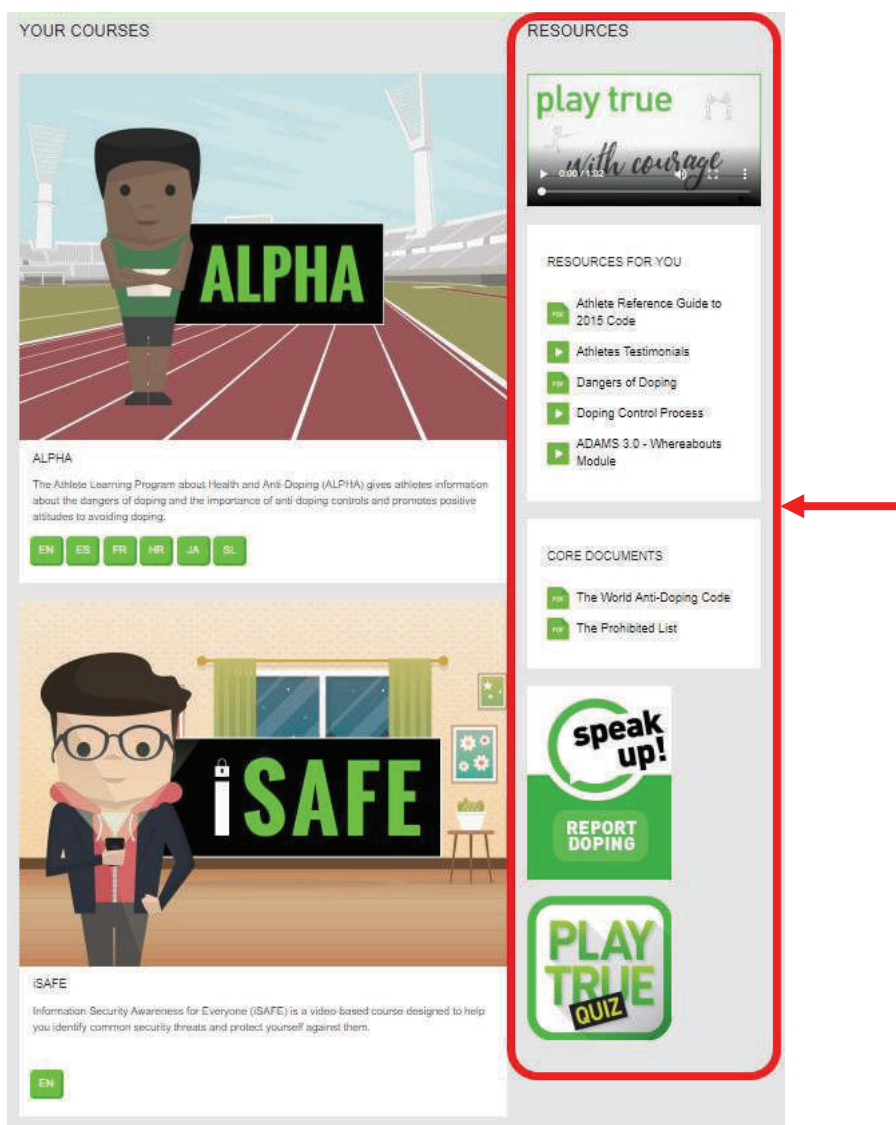
### 1.3.2 Course toolbar



- 5 'Home': Brings you to your homepage
- 6 'Library': Access all ADeL courses, WADA resources and ADO resources
- 7 'Achievements': View your course score(s) and download your certificate(s)

### 1.3.3 Accessing additional courses/resources

(1) Access resources from right-hand menu of homepage



(2) Access to additional courses and resources by clicking on 'Library' icon on course toolbar

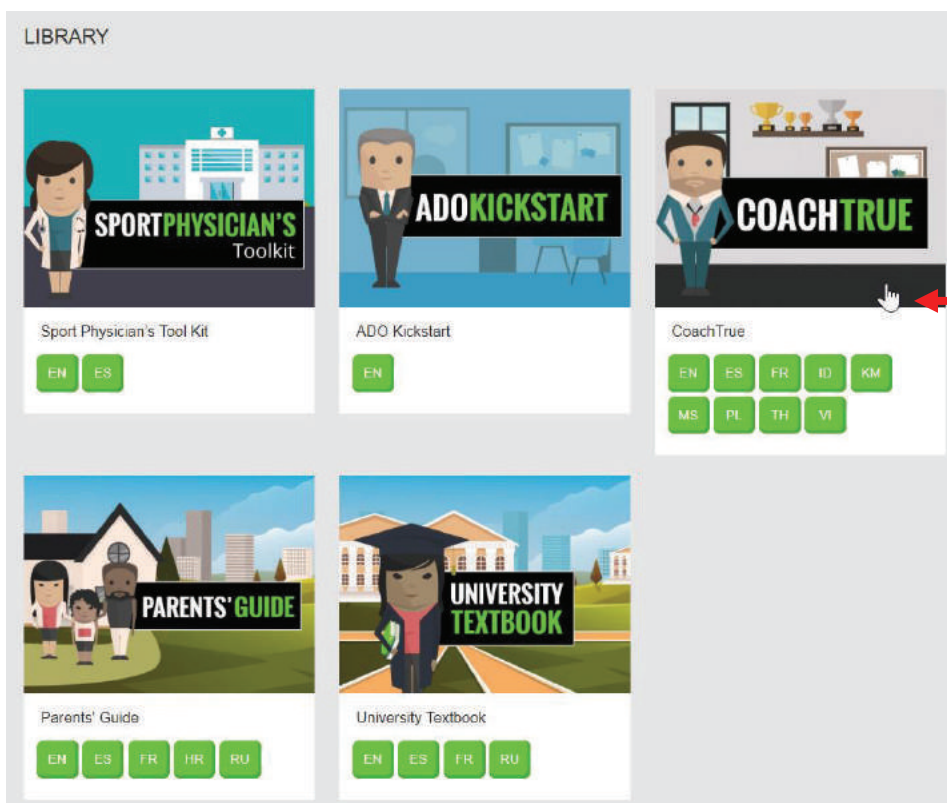


These resources include:

- Documents/brochures on anti-doping
- WADA's core documents: The Code & The Prohibited List
- Other ADO (anti-doping organization) resources including their available online courses

You have access to all other courses in ‘Library’ which you can subscribe to so that it appears on your homepage under ‘YOUR COURSES’ by following the next steps:

- (a) Once entering the ‘Library’, click on the course that you would like to subscribe to (i.e. CoachTrue in this case)



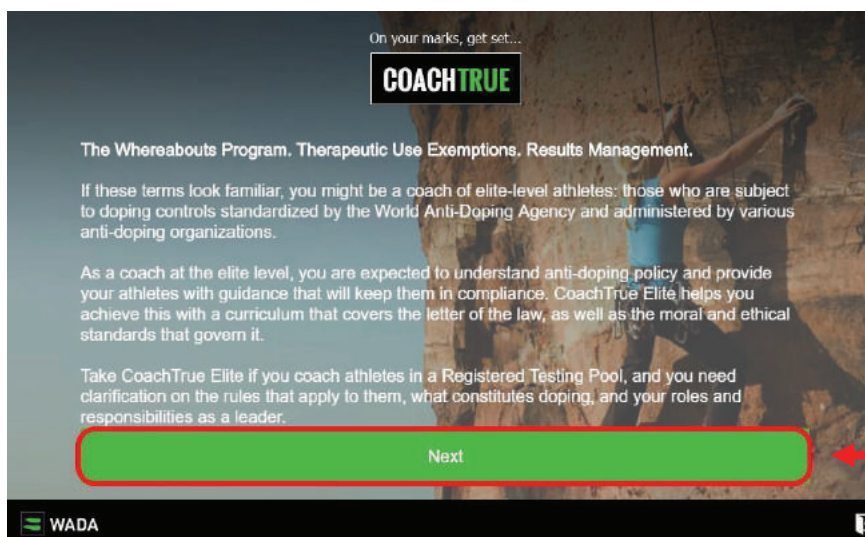
- (b) Click on ‘Subscribe to course’



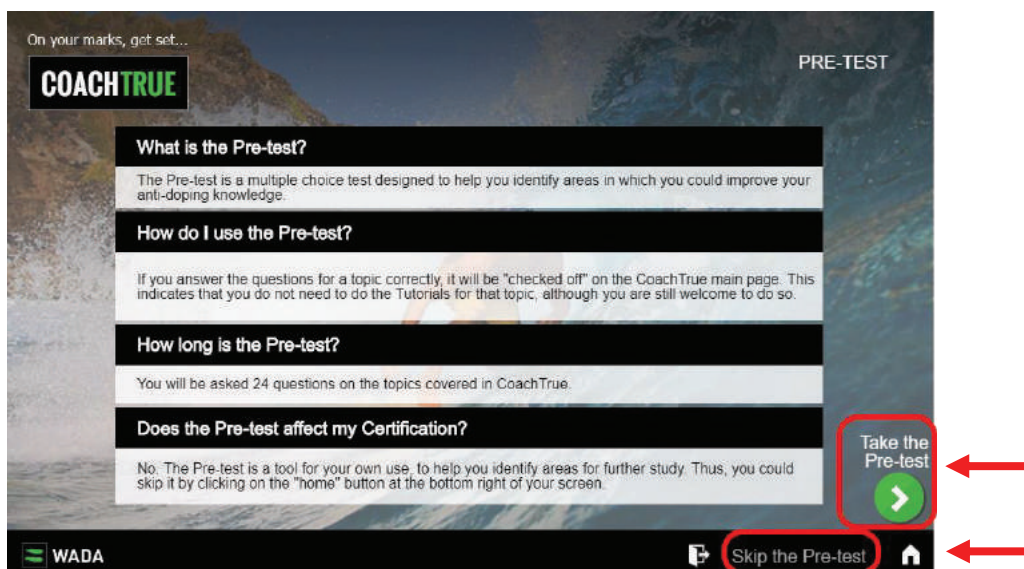
## 5. CoachTrue course

### 5.1 Getting started & Pre-test

- (1) See [Section 2.3.1](#) on how to initiate a course
- (2) Click on 'Next' and follow the instructions once you have entered the course

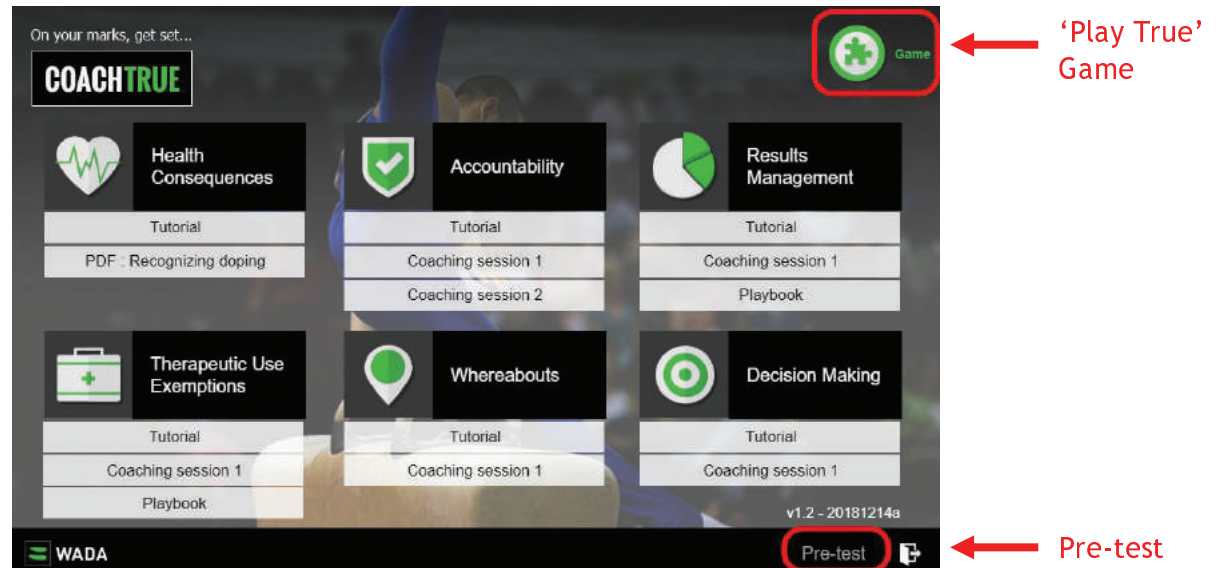


- (3) Once you have entered the course, you have the option to test your current knowledge on anti-doping by doing any of the following:
  - (a) Take or skip the 'Pre-test'



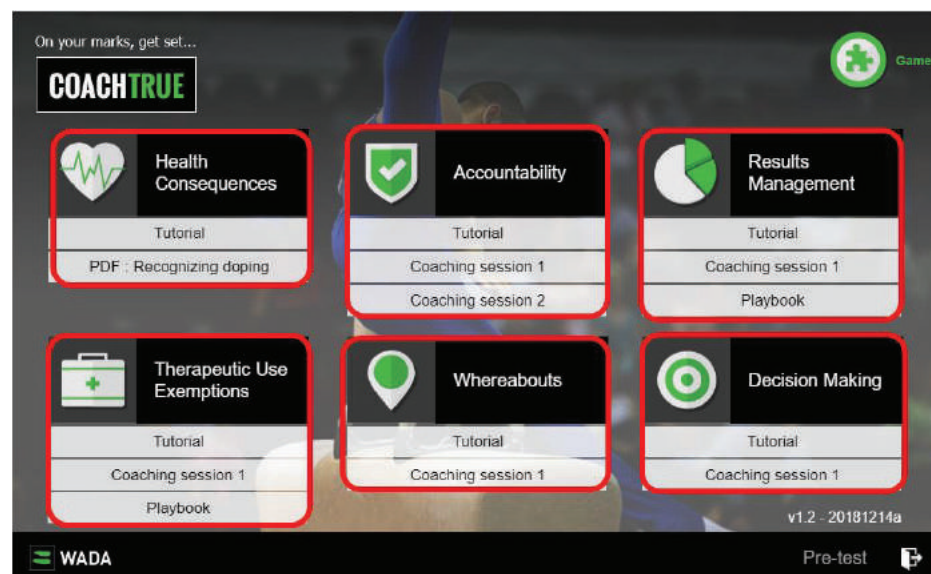
\*The Pre-test consists of a set of 24 questions to test your current knowledge about anti-doping before completing the CoachTrue course. Although it is optional, taking the Pre-test may advance you in the course depending on how many correct answers you get.

(b) Do the 'Play True Game' on the top right corner of the main menu



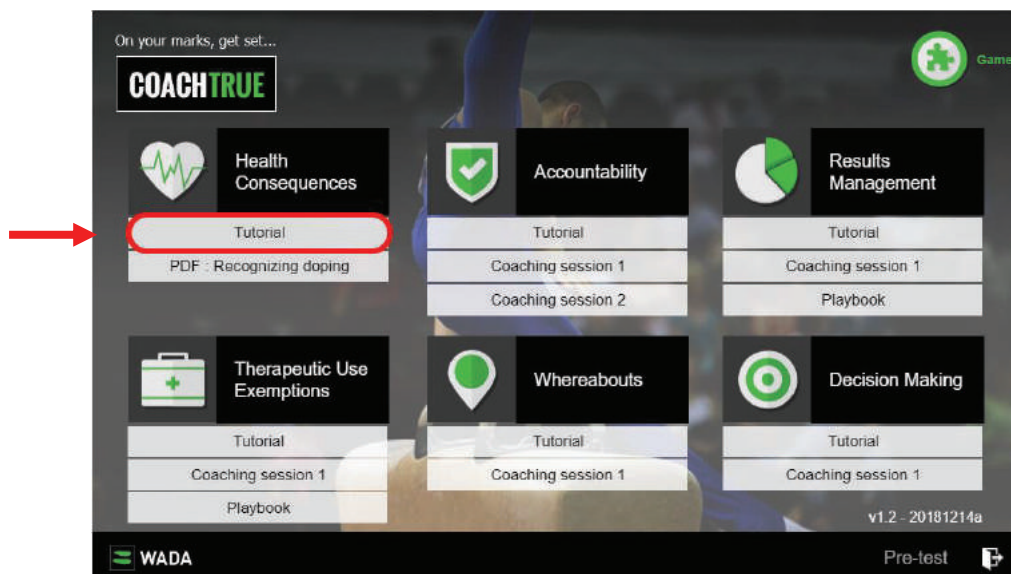
## 5.2 Components of CoachTrue course


(1) On the main menu, there are 6 modules that need to be completed (circled in red)

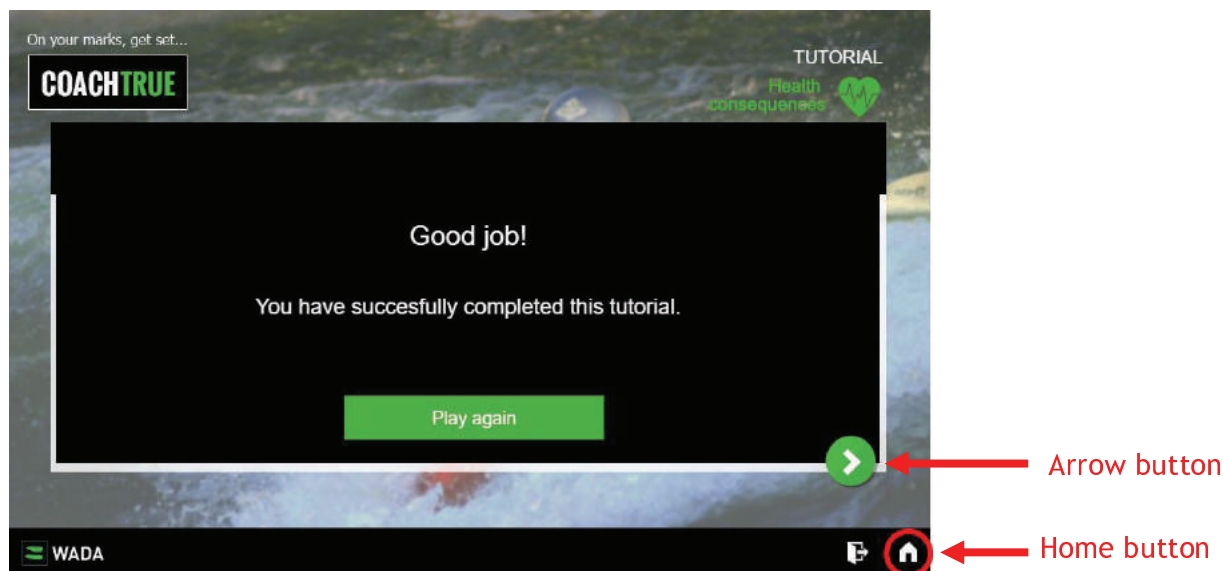




(2) Start off by completing the 'Health Consequences' module by clicking on 'Tutorial'

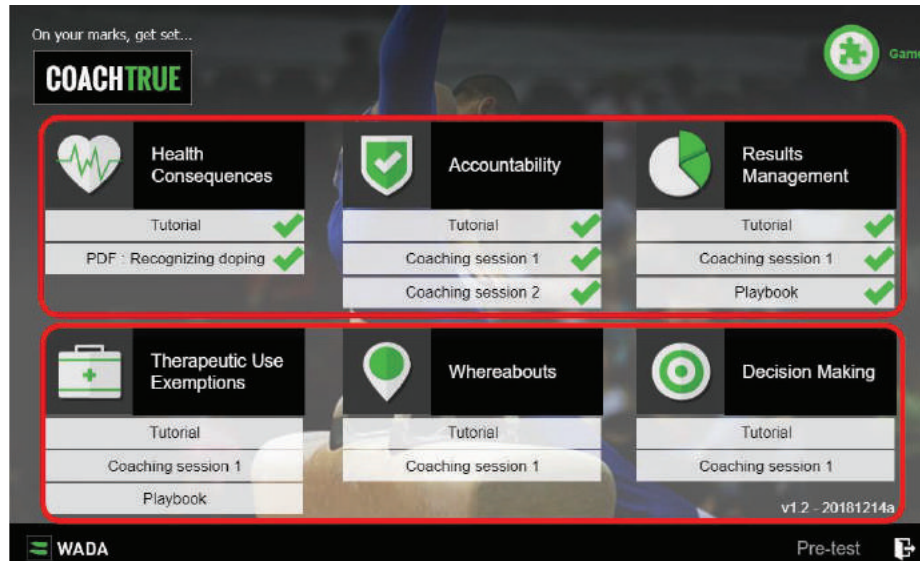


(3) After completing the 'Tutorial', click on the arrow button or 'Home' button  on bottom right corner to return to main menu



### 5.3 Keeping track of progress on completed modules

- (1) The main menu shows you the module(s) that you have completed so far (marked by ✓ mark) and helps you keep track of your progress



Completed modules with ✓ mark

Incomplete modules without ✓ mark

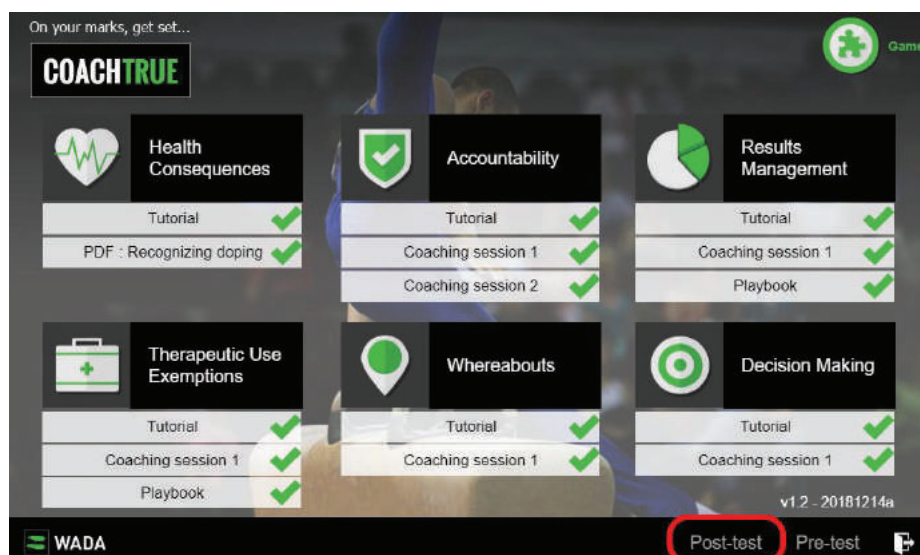
- (2) Move onto the next uncompleted module on your main menu to progress in the course

### 5.4 Exiting the course to save progress & complete it later

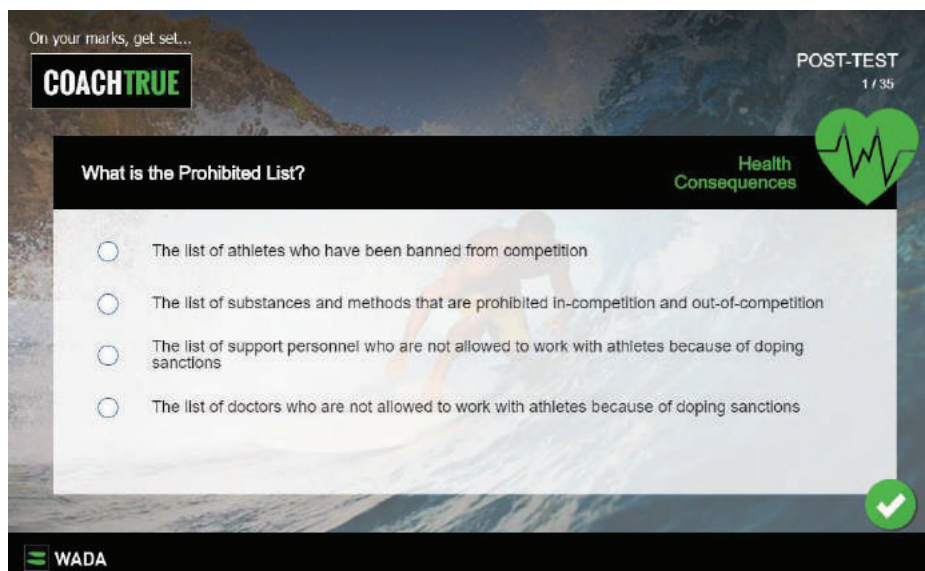
See [Section 3.4](#) to see how to exit course and save changes to your progress.

### 5.5 Post-test & requirements to pass

- (1) Once you have completed ALL modules (all modules have ✓ marks), click on 'Post-test' on the bottom right corner



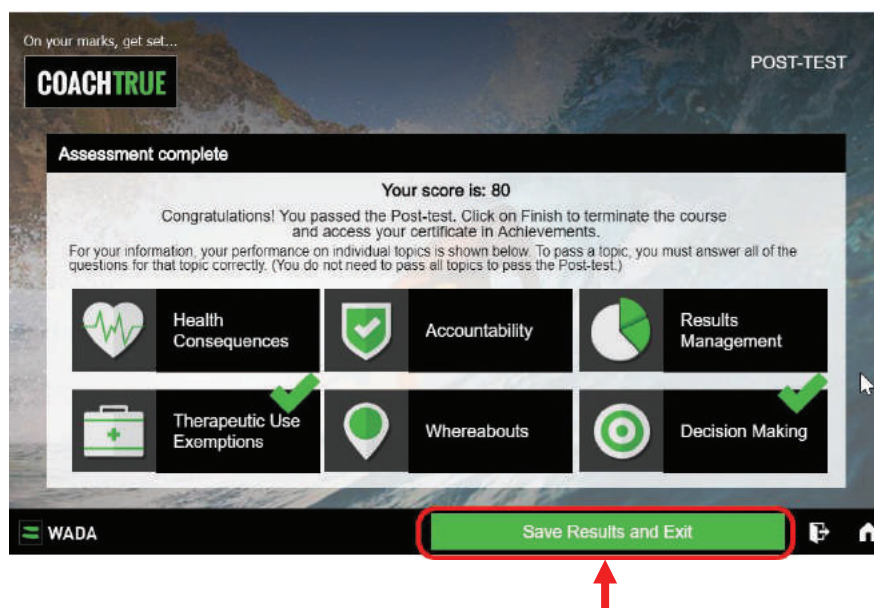
(2) Complete the Post-test



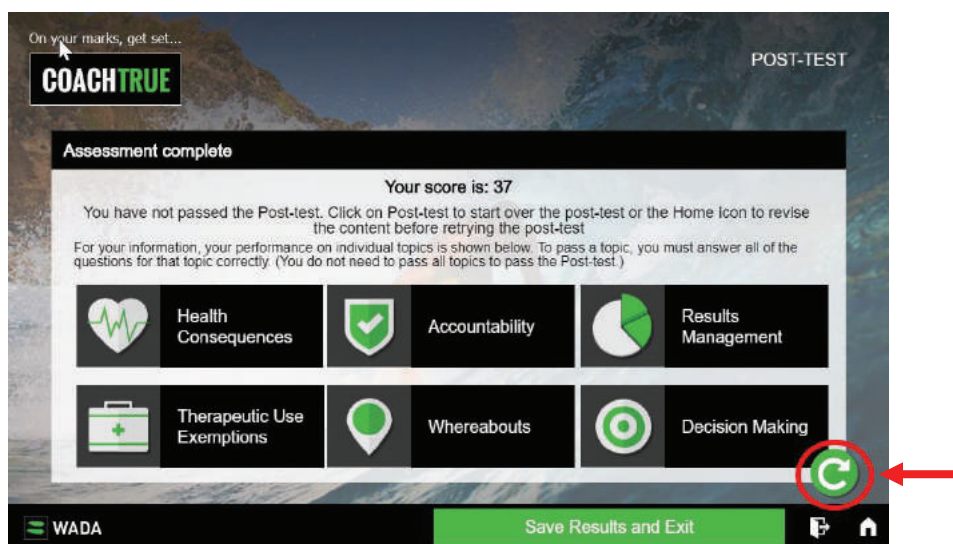
\*The Post-test comprises of 35 questions similar to the Pre-test. It tests your knowledge about anti-doping after completing the CoachTrue course.

**You must get at least 80% on the Post-test in order to pass the CoachTrue course and get your certificate.**

(3) Once you complete the Post-test, you can see your score and click on ‘Save Results and Exit’



(4) If you have not passed the Post-test, click on **redo arrow** to redo the Post-test



(5) See [Section 2.4](#) on viewing course scores & downloading certificate(s) for passed course(s)