

# SPORT



# BACK

ANNUAL REPORT 1 APRIL 2022 - 31 MARCH 2023

Sport Singapore's purpose is to inspire the Singapore Spirit and transform Singapore through sport. Through innovative, fun and meaningful sporting experiences, our mission is to reach out and serve communities across Singapore with passion and pride.

# Purpose





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## Chairman's message

2022 marked a turning point for us, as Singapore took decisive strides towards reclaiming pre-pandemic normalcy. With most COVID-19 curbs lifted and many returning to their workplaces, people started to resume their normal routines and activities.

On the sporting front, team sports, competitions, and major sport events were back in full swing – much to the delight of the sport fraternity, enthusiasts, and spectators. Even as people returned to life before the pandemic, regular sport participation amongst Singaporeans climbed to an all-time high of 74% in 2022. This was a sign that while the pandemic may have skewed behaviours, some good habits have stuck.

## Bringing Mass Sport Participation Back

COVID-19 forced us to reimagine the way we lived our lives, including how we engaged with sport. Despite the circumstances, sport never once came to a complete standstill. Instead, we remained steadfast as a community to keep sport going through new event formats, virtual competitions, and innovative training methods. With the pandemic behind us, 2022 saw us upping our game to “Bring Sport Back” in a big way.

In April 2022, Sport Singapore launched the third wave of the Blended Events Grant to encourage the reintroduction of mass participation sport events and festivals. We received more than 90 applications from 45 companies and awarded more than \$2 million across a range of sporting activities. Among them were the TriFactor Triathlon Singapore Championships 2022 organised by Orange Room Pte Ltd and the SG57 Nation Walk by Ideas Room Consulting Pte Ltd. The two events drew more than 1,200 and approximately 1,500 participants respectively. In addition, we saw the return of major sporting events such as the OCBC Cycle, Standard Chartered Singapore Marathon, and FIBA 3x3 Asia Cup. We also won the rights to host even more large-scale events including the inaugural Olympic Esports Week in June 2023 as well as World Aquatics Championships in 2025.

Meanwhile, to further drive community participation, Sport Singapore organised 148 community leagues and competitions across 19 ActiveSG Sport Centres. These involved more than 13,000 participants including young children and seniors. At the ActiveSG Cup in February 2023, youths continued to play organised sports, competing in football and basketball.

GetActive! Singapore, the annual National Day celebration through sport, also made a comeback with an exciting line-up of physical activities, after two years of virtual programming due to the pandemic.

Notably, the return of Pesta Sukan 2022 with 24 sports, 13 para sports and five signature events marked the largest community multi-sport competition for Singaporeans since the pandemic. Other highlights included mass participation events at the National Stadium – about 1,800 seniors participating in a mass qigong event and 60 instructors leading over 1,600 fitness enthusiasts to break three Singapore Book of Records for the Largest Mass Piloxing, Largest Fight Do and Largest KPopX Fitness workouts at the National Stadium.

## A New Era for the Singapore Sports Hub

That was not all. The Singapore Sports Hub was abuzz with an expanded array of offerings, while delivering greater community access. There were performances by live bands and dance groups, community events such as the FunFam SportFest, and student athletes participating in the National School Games. These came just three months following the Government's takeover of the management of the Singapore Sports Hub. The move, which took effect in December 2022, was in a bid to unlock the Sports Hub's full potential and achieve deeper integration with the rest of the Kallang Alive precinct. The developments in the Kallang Alive precinct are on track, with the Kallang Football Hub and Kallang Tennis Hub due to be completed by the end of 2023.



## Forging Bonds through Facilities and Volunteerism

Beyond the Sports Hub, we continued to optimise our sporting facilities and spaces to encourage more people to come together, socialise and play together. Under the Sport Facilities Master Plan, we introduced new infrastructure and refreshed existing ones, providing residents greater access to sporting facilities. We made headway with the ActiveSG SportVillage @ Jurong Town, Sport-in-Precinct facilities in Sembawang, Punggol, Nee Soon Central, Woodlands and Gek Poh, as well as rejuvenation of Delta and Choa Chu Kang ActiveSG Sport Centres. In October 2022, we soft launched the Bukit Canberra development in a bid to bring more integrated sport and community hubs to residents. In addition to meeting the needs of residents they serve, we want to ensure that our rejuvenated and new facilities cater to seniors and persons with disabilities (PwDs). By the close of the financial year, we had retrofitted swimming pools in six ActiveSG Sport Centres with ramps for wheelchairs and set up eight inclusive ActiveSG gyms.

Be it at our sport facilities, events, or programmes, Team Nila volunteers continued to make their presence felt. In 2022, Team Nila dedicated over 120,000 volunteer hours to some 700 events and programmes. Rain or shine, they were out there, touching lives and giving back in so many ways including beyond the realm of sport. Team Nila was awarded the President's Certificate of Commendation (COVID-19), with four sport volunteers conferred the Public Service Medal (COVID-19) in recognition of their contributions to Singapore's fight against COVID-19.

## Celebrating 10 Years of Sport as a Force for Good

Indeed, sport can make a tremendous difference to our society, in so many ways. Through our philanthropic arm, SportCares, we have leveraged sport to help people uplift themselves and live out the SportCares' values of discipline, respect, empathy, and resilience in their daily lives. In 2022, SportCares celebrated 10 years of empowering positive social changes for over 40,000 beneficiaries – children and youth-at-risk, isolated seniors, and PwDs – through sport. The milestone was marked with an anniversary dinner on 19 November 2022 which saw President Halimah Yacob, Patron of SportCares, and more than 500 beneficiaries, partners, and sponsors in attendance.

These 10 years have shown that sport is a powerful platform to bring positive change in the lives of those in need of a caring heart and hand. The SportCares HEARTS book encapsulated our key reflections and learnings from delivering over 20 programmes to various SportCares' segments, as well as our insights from working with at least 100 partners from social service agencies and corporates. We look forward to building our network of partners to broaden outreach and sensibilities on how we can all pitch in to positively impact lives through sport.



## Igniting National Pride through Sport Excellence

Sport can unite a nation and ignite national pride. We have witnessed this through Team Singapore's numerous breakthrough performances over the years, and this was rekindled in 2022 when our athletes returned to competing at the Major Games. The Hanoi 2021 Southeast Asian Games saw our swimmers, bowlers and fencers dominating their respective fields, our pencak silat team recording their best SEA Games outing, and swimmer Quah Jing Wen being recognised as the Most Valuable Player (Female). At the Birmingham 2022 Commonwealth Games, debutant Zeng Jian was the most bemedaled Team Singapore athlete, while Feng Tianwei became the first Singaporean to receive the David Dixon Award in recognition of her outstanding performance, commitment, and fair play. At the Solo ASEAN Para Games (APG) 2022, our women's goalball team won the country's first APG medal in the sport, and boccia duo Aloysius Gan and Toh Sze Ning made history by clinching Singapore's first gold in the sport in the Mixed Pairs BC3 event.



*Photo credit: Mark Teo*

While we celebrate our athletes' achievements, we also recognise that they need all the support they can get to excel on the regional and international stages. This is why we have a robust High Performance Sports system in place to provide holistic support to Team Singapore athletes, and are continuously exploring how else we can do better. For example, for the first time, we awarded the spexScholarship to an athlete who competes in a sport that is not included in the Major Games – indoor sky diver champion Ms Kyra Poh. In 2022, we also went from assessing spexScholars once to twice annually, to provide promising athletes an increased level of support to better prepare them for upcoming competitions.

Yes, we have done well in some areas, but there is certainly room for improvement in others. Football for one, is admittedly not quite where it should be. We already recognised this in 2021, when we, together with the Football Association of Singapore (FAS), launched Unleash the Roar! (UTR!) as a long-term roadmap to uplift Singapore football. The national project has made steady progress, with several initiatives taking shape in 2022. Among them was the launch of the School Football Academy (SFA) in July 2022, as part of a concerted effort to strengthen youth football development. 12 SFAs have since been set up, including two offering dedicated programmes for girls. In November 2022, UTR! signed on LaLiga Academy as its first overseas training partner, opening many doors for our coaches and young talents to be exposed to and benefit from the Spanish system. 20 students also had the opportunity to attend a month-long training stint in Spain and compete with LaLiga Academy footballers. There is more to look forward to in 2023, including the UTR! Overseas Scholarship aimed at nurturing young talents. UTR! is a massive undertaking, but we are hopeful and believe that together, we can build a brighter future for Singapore football.

## Chasing New Frontiers in the Year Ahead

What a ride 2022 has been! Sport would not have been able to make this comeback if not for the contributions of our industry and community partners, athletes, coaches, volunteers, and the rest of the community. Kudos also to the Sport Singapore team for all their hard work. On the organisational excellence front, our ActiveSG Training Centre achieved the Workplace Learning Organisation of Competence (Gold) Award, conferred by the National Centre of Excellence for Workplace Learning in recognition of our progressive workplace learning practices and capabilities.

There is much to look forward to in 2023: new sport facilities and programmes; landmark events; more support for the industry and athletes; opportunities for Singaporeans to participate in sport anytime, anywhere; and the list goes on. Let us continue to inspire the Singapore spirit through sport and journey onwards to Vision 2030. Sport is Back!

# Board Members

## Chairman

### Mr Kon Yin Tong

Managing Partner,  
Foo Kon Tan LLP

## Board Members

### Ms Chan Su Yee

CEO, NTUC Health  
& NTUC First Campus

### Ms Chan Yen San

Partner, KPMG LLP

### Mr Alan Goh<sup>1</sup>

CEO, Sport Singapore

### Dr Mark Hon

Chairman Emeritus, Action Community  
for Entrepreneurship

Chairman of Games Appeals Committee,  
Singapore National Paralympic Council

### Dr Ayesha Khanna

CEO, ADDO AI

### Mr Lee Kok Choy

Chairman, Board of Governors,  
Temasek Polytechnic

### Dr Lee Tung Jean

Deputy Secretary (Culture & Sports),  
Ministry of Culture, Community & Youth

### Mr Andrew Lim

Group COO, CapitaLand Investment

### Mr Keith Magnus

Chairman, Evercore Asia  
Chairman, Kallang Alive Sport Management

### Mr Sushil Nair

Deputy CEO, Drew & Napier LLC

### Dr Elmie Nekmat

Associate Professor,  
Communications and New Media, NUS

### Dr Benedict Tan

Vice President,  
Singapore National Olympic Council

### Mrs Tan Chen Kee

Deputy Director-General of Education (Schools) and  
Director of Schools, Ministry of Education

### Mr Tay Choon Hong

CEO,  
Health Promotion Board

<sup>1</sup>With effect from 1 April 2023

# Corporate Governance

## Audit Committee

**Chairman**  
**Mr Andrew Lim**

**Members**  
**Ms Pong Siew Inn**  
(Co-opt Member)

**Mr Tay Choon Hong**

**Terms of Reference:**

The Audit Committee assists the SportSG Board in overseeing the financial reporting process, the internal controls, the audit process and the organisation's process for monitoring compliance with laws, regulations and the code of conduct. The Audit Committee recommends the appointment of the external auditors for approval by the Board as well as reviews the work performed by the internal and external auditors.

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## Finance Committee

**Chairman**  
**Dr Mark Hon**

**Members**  
**Dr Lee Tung Jean**  
[With effect from 1 July 2022]

**Mr Keith Magnus**

**Mrs Tan Chen Kee**

**Terms of Reference:**

The Finance Committee is responsible for the strategic direction and management of SportSG's financial resources and policies and it advises SportSG on all major financial matters. It oversees the overall structure and systems for managing SportSG's financial resources, accounting policies and financial regulations. The committee acts as the approving authority as decided by the Board. It also sets the direction and policies on management of surplus funds. The committee is supported by the SportSG Finance Division.

# Corporate Governance

## Human Capital Committee

**Chairman**  
**Mr Kon Yin Tong**

**Members**  
**Mr Alan Goh**  
[With effect from 1 April 2023]

**Dr Lee Tung Jean**  
[With effect from 1 July 2022]

**Terms of Reference:**

The Human Capital Committee is responsible for the strategic direction and management of SportSG's human capital, specifically compensation, talent development and management. The committee also endorses the appointment of members of various subcommittees and advisory boards.

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## Major Projects Committee

**Chairman**  
**Mr Kon Yin Tong**

**Members**  
**Mr Alan Goh**  
[With effect from 1 April 2023]

**Mr Sushil Nair**

**Prof Tai Lee Siang**  
(Co-opt Member)

**Mr Tan See Nin**  
(Co-opt Member)

**Terms of Reference:**

The Major Projects Committee reviews the Sport Facilities Master Plan and infrastructure development (including Sports Hub) projects. The Committee endorses the conceptual plan, project brief, architectural and design aspects of development projects, and rejuvenation plan to existing sport facilities. The Committee also advises on partnership opportunities with private sector businesses and other government agencies to ensure mutually beneficial collaborations.

# Corporate Governance

## spexScholarship Selection Committee

**Chairman**

**Mr Kon Yin Tong**

**Members**

**Ms Chan Yen San**

**Mr Troy Engle**

**Mr Alan Goh**

[With effect from 1 April 2023]

**Dr Su Chun Wei**

**Mr Sukhmohinder Singh**

(Co-opt Member)

**Dr Benedict Tan**

**Terms of Reference:**

The spexScholarship Selection Committee approves the award, continuation or completion, and termination of SportSG spexScholarships. It also reviews the annual monitoring and evaluation of existing spexScholars, as well as approve the metrics that determine the maximum programme funding for spexScholars and the stipend for spexScholar athletes.

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## Board of Trustees for Vision 2030 Fund

**Chairman**

**Mr Kon Yin Tong**

**Members**

**Dr Ayesha Khanna**

**Dr Benedict Tan**

**Terms of Reference:**

The Board of Trustees for the Vision 2030 Fund provides overall guidance for the use of the funds to achieve the goals in the Vision 2030 master plan. Guided by the Vision 2030 objectives, the Board of Trustees is also responsible for ensuring that SportSG's policies and initiatives are able to promote, develop and advance sport, foster sport volunteerism and philanthropy and position sport as an integral part of everyone's life.

# Senior Management

**Mr Lim Teck Yin<sup>1</sup>**

**Mr Alan Goh<sup>2</sup>**

Chief Executive Officer

**Mr Toh Boon Yi<sup>3</sup>**

Deputy Chief Executive Officer

**Mr Muhammad Rostam Umar<sup>3</sup>**

Chief, Assurance and Corporate Excellence Group

**Ms Lee Huei Chern<sup>3</sup>**

Chief, Strategy Group

**Dr Su Chun Wei**

Chief, Singapore Sport Institute

**Mr Lim Hong Khiang**

Chief, Sport Infrastructure Group

**Mr Marcus Tan**

Chief, Sport Development Group

**Mr Tan Hock Leong<sup>3</sup>**

Chief, ActiveSG

**Mr Roy Teo**

Chief, Industry Development, Technology & Innovation Group

**Mr Daryl Yeo<sup>4</sup>**

Chief, Kallang Alive Management Office

We thank Mr Lim Teck Yin for his valuable contributions and dedication to Sport Singapore.

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<sup>1</sup> Till 31 March 2023

<sup>2</sup> With effect from 1 April 2023

<sup>3</sup> With effect from 1 November 2022

<sup>4</sup> With effect from 15 February 2023



# OUR SPORTING HIGHLIGHTS

# CHILDREN, YOUTH AND FAMILIES



## Active Parents, Active Children

The ActiveSG Active Parents movement continued to gain momentum, supporting preschool partners not just online but also through physical event experiences for families. In June 2022, the first ever ActiveSG Active Parents' Multi-Sport Family Fun Event was organised at the National Stadium, where 2,000 participants comprising parent-child pairs participated in different sports such as football, basketball, and athletics at the iconic venue. Marking another first in December 2022 was the inaugural FunFam SportFest at OCBC Arena where more than 2,300 parents and children experienced a multi-sport carnival with a variety of parent-child sport programmes and dance fitness sessions, to bond and have fun as a family.

## Nurturing Active Preschoolers

On the preschool front, more than 57,000 participants celebrated the nation's 57<sup>th</sup> birthday 'phygittally' by playing Kampung Games with a twist at the GetActive! Singapore Nurture Kids Festival 2022. Over 1,000 preschool children and educators were on-site at the National Stadium while more than 56,000 children from 500 pre-schools participated virtually.

In addition, a key activity resource guide to encourage participation in physical activity amongst the preschool community and the families was developed. The 57 Kampung Games collection was an outcome of an earlier campaign held in June 2022, where preschools and the community were invited to reimagine traditional kampung games. The resource guide also entered the Singapore Book of Records as the "Largest Collection of National Day-themed Kampung Games".





## Making Great Strides with ActiveSG Academies & Clubs and ActiveSG Cup

Regular participation across ActiveSG Academies & Clubs grew to 7,000 per quarterly season in 2022, with sports such as basketball, table tennis and canoeing seeing significant growth.

For the ActiveSG Water Polo Academy, 2022 marked the start of a new journey in secondary schools, with the introduction of Water Polo as a new team sport under the Strategic Partnership-Co-Curricular Activity (SP-CCA) programme.

A partnership between Sport Singapore and the Ministry of Education (MOE), the SP-CCA allows students from different schools to come together and join a common CCA, offering them a curated training programme for development, quality coaching, development pathways and competition opportunities. Besides water polo, the SP-CCA Athletics programme was extended

to Bukit Gombak Stadium as a second venue, in addition to Home of Athletics in Kallang. Beyond the SP-CCA partnership, Sport Singapore continued to strengthen engagement with MOE and school leaders through various engagement platforms, such as the MOE Cluster Learning Journeys at Sport Centres.

Meanwhile, ActiveSG Cup continued as a platform for multi-sport competition in the community, bringing children and youth together to play and compete in team sports. After a successful debut with basketball and football, a tchoukball ActiveSG Cup was introduced in 2022 with 455 participants. In total, 7,166 participants competed in the various ActiveSG Cup competitions between 2022 and 2023, fuelling plans to include new sports such as floorball and volleyball in the last quarter of 2023.

## Sustained Interest in Sport Participation among Children

Against the backdrop of various initiatives being rolled out for children, youth, and families in 2022, the National Sports Participation Survey (NSPS) 2022 showed that sport participation among those aged between three and 12 remained stable. The survey saw an overall participation rate of about 87% among 1,000 children, with frequent participation increasing as children enrolled in preschool and primary school.

This suggests that early exposure to physical activity and sports can help to establish healthy habits and

behaviours. With parents and children becoming more active, they may inspire other family members to become more active as well, creating a positive cycle of physical activity and healthy living for the whole family. It was found that 93% of children whose parents were active participated regularly in sport. Therefore, by continuing to invest in initiatives that promote physical activity and sport participation among children and families, Sport Singapore is on the path to create a healthier, more active society for all.

# UNLEASH THE ROAR!



## Unleash the Roar! Scaling New Heights

Unleash the Roar! (UTR!) is a long-term roadmap to uplift our football ecosystem and rally the nation behind our shared aspirations for Singapore football. The national project has been making steady progress since it was announced in March 2021, with several initiatives taking shape this financial year.

Among them was the official launch of the School Football Academy (SFA) programme in July 2022, as part of a concerted effort to strengthen youth football development. By the start of the academic year 2023, 12 SFAs had been set up, including two offering dedicated programmes for girls – one at Woodlands Secondary School, and a combined SFA for students at Methodist Girl's School, Boon Lay Secondary School and Westwood Secondary School. Collectively, over 700 footballers comprising both males and females aged 13 to 16 have been enrolled in the SFA.

To welcome the new SFA players, the SFA Fiesta was held in January 2023, where the 12 SFA teams had the privilege of playing at the iconic National Stadium, gaining valuable match time and exposure.

In November 2022, LaLiga Academy became UTR!'s first overseas training partner. The partnership allowed experienced youth coaches from Spain to be brought in to augment our local coaches. It also gave UTR! the opportunity to send 20 boys aged 12 and 13 from SFA, ActiveSG Football Academy Development Centres and the Football Association of Singapore's talent identification programme on a month-long training trip to ESC LaLiga & NBA in Madrid, Spain.



UTR! will continue to put in place the necessary systems, foundations and partnerships to provide a good base for future generations, and achieve a brighter future for Singapore football.

Photo credit: Ng Chrong Meng

## TEAM SINGAPORE SHINES AT THE GAMES

Team Singapore athletes rose above the challenges of the pandemic and displayed outstanding performances at the Major Games in 2022: Hanoi 2021 Southeast Asian Games, Birmingham 2022 Commonwealth Games, and Solo 2022 ASEAN Para Games. This was a testament to our athletes' resilience and determination to strive for excellence, regardless of the circumstances.

# ATHLETES, COACHES & NSAs (HPS)



### HANOI 2021 SOUTHEAST ASIAN GAMES (SEA GAMES)

424

424 Team Singapore athletes represented Singapore in 33 sports at the 31st SEA Games in Vietnam.



Team Singapore brought home a total of 164 medals – 47 gold, 46 silver and 71 bronze – to attain a fifth-place finish. This was the third best showing for Singapore at an away SEA Games.



Swimming continued its reign as Southeast Asia powerhouse with a haul of 21 gold, 11 silver, 12 bronze medals. Swimmer Quah Jing Wen was recognised as the Most Valuable Player (Female), clinching six gold and one bronze medals at the Games. She also rewrote the Games record in the Women's 200m Butterfly.



Singapore's fencers achieved a total of six golds, four silvers and five bronzes – best performance and the top fencing nation at the Games.



Singapore dominated in bowling with a total of three gold, one silver and three bronze medals. The quartet comprising sisters Cherie and Daphne Tan as well as Bernice Lim and New Hui Fen dominated the tournament, sweeping all three gold medals in the women's events.



The pencak silat team recorded their best SEA Games outing with a haul of four gold, three silver and four bronze medals.

245

245 athletes, which made up over half of the contingent, made their debut at the Games. The youngest debutants were 14-year-old diver Max Lee and fencer Elle Koh, who both medalled on their first outing.

## BIRMINGHAM 2022 COMMONWEALTH GAMES

**66** 66 Team Singapore athletes – of which 50 were debutants – represented Singapore across nine sports at the Birmingham 2022 Commonwealth Games, in a rare occasion where both able-bodied and para athletes competed as one contingent.



The contingent competed across nine sports, including in wrestling for the first time. Team Singapore was also represented in two para sports – powerlifting and swimming.



The badminton team returned home with one gold and two bronzes – its best showing at the Commonwealth Games. Husband-and-wife pair Terry Hee and Jessica Tan beat home favourites to win a first historic gold in the mixed doubles.



Singapore finished 14<sup>th</sup> out of 72 nations overall, with a medal haul of four gold, four silver and four bronze medals, surpassing the total number of medals won at the last Games in Gold Coast.



Table Tennis was Team Singapore's top performing sport at the Commonwealth Games, returning home with three gold, two silver and two bronze medals. Debutant Zeng Jian was the most bemedalled Team Singapore athlete, while Feng Tianwei was the best performing Team Singapore athlete with three golds.



Feng Tianwei's overall medal tally earned her the most bemedalled table tennis athlete accolade at the Commonwealth Games. She also became the first Singaporean and second athlete from Asia to receive the David Dixon Award. The award is presented to the outstanding athlete of each Games based on their sporting performance at the Games, demonstration of fair play, and overall contribution to their teams' performance.



Photo credit: Andy Chua

11<sup>TH</sup> ASEAN  
PARA GAMES  
SOLO 2022

SOLO 2022



## SOLO ASEAN PARA GAMES (APG)



The ASEAN Para Games returned after a five-year hiatus, after two editions were cancelled due to COVID-19.



36 Team Singapore athletes – of which 17 were debutants – competed across nine sports. They brought back 28 medals in total – seven golds, nine silvers and 12 bronzes, finishing seventh out of 11 countries.



Our swimmers brought in the largest haul – four golds, five silvers and five bronzes.



Our women's goalball team won the country's first APG medal in the sport – a silver medal.



Boccia duo Aloysius Gan and Toh Sze Ning also made history by clinching Singapore's first gold in the sport in the Mixed Pairs BC3 event.



Archer Nur Syahidah Alim successfully defended her women's compound open gold from 2015 and 2017, her third straight gold in the event.

## Holistic Support to Catalyse Excellence

Singapore's High Performance Sports (HPS) system aims to provide the best support to Team Singapore athletes, so that they can fulfil their sporting aspirations and inspire the Singapore spirit. The Sport Excellence Scholarship (*spex*Scholarship) which is a key programme under the HPS system is offered to the most promising athletes to allow them to excel at World or Asian levels.

For the first time since the launch of the *spex*Scholarship in 2013, Sport Singapore awarded the *spex*Scholarship to an athlete who competes in a sport that is not included in Major Games, indoor skydiver champion, Ms Kyra Poh.

It also added a second round of assessment of *spex*Scholars within a year to provide promising athletes an increased level of support to better prepare them for upcoming competitions.

## Team Singapore Cares

In 2022, under the Active Citizen Grant, Sport Singapore established the Team Singapore (TeamSG) Cares – a platform for TeamSG athletes to give back to the community through initiatives that not only promote healthy lifestyle and care for vulnerable groups in the community, but also epitomise the TeamSG values of pride, perseverance, performance and service.

During the course of the year, TeamSG athletes stepped forward and led in up to four projects monthly, including weekly food distribution

activities, sport clinics, motivational school talks and fund raising for President's Challenge with SingHealth.

The athletes could tap on the Active Citizen Grant, which was set up to fund community-based projects through sport volunteerism and physical activity and was disbursed to the athletes with approved social and community projects. They included cyclist Calvin Sim, boxer Muhamad Ridhwan bin Ahmad, paddler Pearlyn Koh, and footballers Ernie Sontaril and Madhu Mohana.

## One Team Singapore Golf Day

In February 2023, 35 corporates and individuals raised \$489,600 for the One Team Singapore Fund (OTSF) at the inaugural One Team Singapore Golf Day. The event was jointly organised by Sport Singapore and the Singapore Olympic Foundation (SOF). With matching grants from the Government, a total of \$979,200 would go towards the OTSF.

Established in 2017, the OTSF enables all supporters of Team Singapore to contribute towards strengthening the HPS system. It offers one-for-one matching grants, up to \$50 million, from the Government for donations to support Team Singapore athletes. These donations would go towards enhancing the athletes' support infrastructure and capabilities, including improving their daily training environment, and in areas



such as data analytics and sport science. It was announced during Budget 2022 that the OTSF Matching Grant would be extended for another five years until FY2026.

## Safe Sport

In September 2022, the Safe Sport Commission announced its first Safe Sport Disciplinary Panel to hear, resolve and adjudicate safe sport reports and violations for member organisations under the Safe Sport Programme. This followed the establishment of the Safe Sport Commission in 2019 and launch of the Safe Sport Unified Code in 2021.

The Safe Sport Disciplinary Panel, led by Senior Counsel Ms Molly Lim, comprises a total of 18 members, including representatives from legal professions, active and former athletes, sports officials and coaches.

# VULNERABLE COMMUNITIES & PWD



## SportCares – A Decade of Changing Lives through Sport

Over the past decade, SportCares, Sport Singapore's philanthropic arm, has reached out to more than 40,000 beneficiaries – children and youth-at-risk, isolated seniors and PwDs – through sport. To mark its 10<sup>th</sup> anniversary, SportCares embarked on a year-long celebration, with events such as *Experience SPORTS!* – a three-day sports try-outs event for PwDs, *SportCares-Li Foundation Duathlon* which brought together over 200 participants from eight community partners, the inaugural *SportCares 10YA HEARTS Football League* which saw a total of 25 teams with about

500 youth compete across three categories in 228 matches and produce 581 goals, and the *Kampong of Care@Jalan Kukoh* – a half-day carnival aimed at building a caring society with “kampong spirit” and promoting social inclusion through sport.

The celebrations culminated in the *SportCares 10-Year Anniversary Dinner* in November 2022, where Guest-of-Honour and Patron of SportCares President Halimah Yacob unveiled the *SportCares HEARTS Book*. Serving as a resource guide for communities seeking to use sport for social good, the digital book encapsulates SportCares' key reflections, learnings and insights from the past decade. The event also saw the return of the *SportCares' Awards*, where 19 individuals and five organisations were honoured for playing an exemplary role in using sport to empower vulnerable segments.

## Forging Ahead in Effecting Positive Change

SportCares continued to forge new ground to provide greater access and opportunities in sport for at-risk children and youths, isolated seniors and PwDs, working closely with and alongside the larger community.

Among its key projects in FY22 was the *SportCares Bursary*, an initiative aimed at increasing opportunities for children and youth from low-income families to participate in various programmes offered by ActiveSG Academies and Clubs (A&Cs). By covering seasonal participation fees for 10 A&Cs, the Bursary enables these children to engage in an active lifestyle, acquire a new sport, and develop a sense of community belonging. In 2022, SportCares received 123 Bursary applications, with most of the applicants being successful.

*FUN Starters* was introduced in November 2022 to uplift the lives of children aged five to 12 who live in public rental housing through sport. Temasek Foundation has committed \$316,000 over a two-year period to this joint initiative, aimed at providing a safe, inclusive, and supportive environment for children to learn and develop new skills, build confidence and self-esteem, and improve their overall well-being.



The *Youth Industry Traineeship*, a new initiative aimed at helping youths aged 17 to 23 prepare for and gain relevant work experience, also got off to a good start. With participants matched with a mentor through the SportCares Youth Mentorship Programme, the traineeship saw four companies from diverse industries coming onboard to support our pioneer batch of 15 participants.

*Adaptive Morning Exercises with SportCares*, a community programme designed to engage isolated seniors through weekly morning exercise routines at a community space close to their homes. Throughout 2022, the programme engaged up to 140 seniors per session across Kreta Ayer Seniors Activities Centre branches at Jalan Kukoh, Chin Swee Road and Banda Street.



## Increased Inclusivity, Growing Para Sport Participation

Meanwhile, *Play Inclusive*, Singapore's biggest unified sports competition, returned in August 2022 after two virtual editions. The two-day event saw a total of 270 athletes with disabilities and special needs and 210 unified partners participating in six sports.

To provide more opportunities for PwDs to participate in sport and develop pathways for those who wish to pursue sport at a competitive level, the ActiveSG Para Sport Academy (PSA) was launched in March 2022. PSA provides regular, structured training by qualified coaches, and also works with the Singapore Disability Sports Council (SDSC) and other National Disability Sport Associations to support our para athletes. PSA has rolled out programmes for 10 sports and benefited over 200 participants.

# WORKING ADULTS

The return of physical activities saw Singaporeans gain better access to health and wellness coaching in 2022. More than 91,600 participants have been engaged through Active Health programmes, ranging from fitness and health assessments to workshops and structured programmes for targeted demographics. Active Health Coaches continued to be at the forefront, supporting citizens as they worked towards their Health Plan in pursuit of a better quality of life.



## Collaborations to Strengthen Offerings and Maximise Outreach

In support of Healthier SG, Sport Singapore through Active Health inked a new memorandum of understanding (MOU) with seven healthcare partners: Health Promotion Board (HPB), MOH Office for Healthcare Transformation (MOHT), National Healthcare Group (NHG), National Healthcare Group Polyclinics (NHGP), National University Health System (NUHS), SingHealth, and Exercise is Medicine Singapore (EIMS).

The collaborations were aimed at harnessing partners' expertise and strengths to maximise outreach efforts and support Singaporeans' journey towards a healthier self. This was in line with Active Health's aspiration to reach out to about 500,000 residents by 2027.

The MOU reinforced efforts to transit individuals from clinical to community care through community initiatives (e.g. Health Up!) and refreshed programmes. For example, through targeted Active Health programmes individuals with Type 2 diabetes, obesity, hypertension and osteoarthritis not only learned how to exercise safely but could also progress their journey with ActiveSG sports interest groups and through other programmes at the Active Health Labs. In addition, the programmes incorporated clinical expertise, leveraging Active Health's established networks with healthcare partners NHG, NUHS and EIMS.

As part of upstream efforts to tackle childhood obesity, Active Health embarked on a study with SingHealth's KK Women's & Children's Hospital. The research effort sought to ascertain the efficacy of a structured, online community-based lifestyle intervention for everyone (LITE) programme which incorporated the Active Health Classroom Champs in treating overweight and obese 6 – 12-year-olds. One of the key findings of the study was that the LITE programme may lead to a greater improvement in body mass index than usual care efforts.

## Swapping Sedentary Habits for Physical Activity

In June 2022, Sport Singapore and the Health Promotion Board launched a refreshed set of Singapore Physical Activity Guidelines (SPAG). The guidelines focused on encouraging people to be less sedentary and strengthen their aerobic fitness, muscular strength, bone strength, flexibility, and balance by doing a variety of activities. Adults in particular were encouraged to engage in 150 to 300 minutes of moderate intensity aerobic exercise per week with no minimum duration for each bout.

With the rollout of Active Health’s Discovery Walk in the Park and Sport-in-Precinct programmes to more locales, residents learnt how to incorporate muscle-strengthening activities in their daily walks using environmental structures and purposefully built fitness equipment.

In line with the Public Sector Transformation’s aim of nurturing an engaged and future-ready workforce that is resilient, agile and high performing, the Active Health Experience Season 3 was enhanced and rolled out to public officers to enable them to perform at their best both in life and at work. More than 3,000 officers have since participated in the programme to date.



## “Measuring is Knowing” Public Education Campaign

The “Measuring is Knowing” campaign made its debut at Wellness Festival Singapore and GetActive! Singapore, as part of Active Health’s annual public education efforts to raise the health and fitness literacy of citizens. The campaign was premised on the notion that everyone, regardless of age and ability, would benefit from moving more and engaging in a variety of sport and physical activities. This dovetails Get Active! Singapore’s key narrative of rallying the nation to celebrate National Day through sport and physical activity, encouraging all to move more and well towards a better quality of life.

Through the “Make Every Move Count” feature of sport science backed workshop with the Active Health Play mat, warm up routine and experiential zones, citizens were educated on the different components of muscular strength and balance as they worked towards achieving the recommended guidelines for their age segment. More than 25,000 in participation numbers were reached and 9 in 10 were aware of the Singapore Physical Activity Guidelines after their experience with Active Health and were likely to incorporate the exercises learnt in their daily routines.

Citizens were also introduced to the guidelines and role of Active Health in their health and wellness journey through a 5-part Make Every Move Count docu-series aired on both Channel 5 and 8 that featured the Active Health Coaches, participants and leading medical professionals from the different healthcare clusters.

# SENIORS



## More Engaged, More Active Seniors

Sport Singapore continued to collaborate with various stakeholders to create opportunities for seniors to participate in sport and physical activities, as part of the national Action Plan for Successful Ageing and Healthier SG.

The second edition of the Seniors' Sports Day, organised by the ActiveSG Masters Club, returned at GetActive! Singapore 2022 with over 5,000 seniors from 90 senior activity centres, active ageing centres, and nursing homes join in the National Day celebrations through sport both physically and virtually.

On site at the OCBC Square, participants experienced various modified sports and activities including a 'Dragon Trail' obstacle course which assessed their mobility, agility, balance, hand-eye coordination and muscular strength. Over 1,800 Qigong practitioners also put up a massive performance at the National Stadium, in what was believed to be one of the largest gatherings of its kind since the pandemic.

Additionally, a virtual Seniors' Sports Day was organised allowing some 23,000 seniors to participate via zoom with activities such as dart throwing, bean bag toss and cup stacking.

Later in October 2022, about 4,000 seniors participated in the inaugural National Celebration of Seniors, held in conjunction with the International Day of Older Persons. Conducted in a hybrid format, the event saw more than 2,000 seniors attend the celebration at the OCBC Arena Singapore Sports Hub and around 2,000 participate virtually via Zoom. The event was a collaboration between the Ministry of Health, Sport Singapore, and Council for Third Age, and supported by key partners such as Agency of Integrated Care, Health Promotion Board, and People's Association.

Modified activities such as walking football, walking Captain's ball and seated volleyball were played, with seniors forming teams and competing against other active ageing centres. Booths were also set up on site to raise seniors' awareness about active ageing programmes and inform them about available courses on mental wellness and financial literacy, as well as community-based volunteering opportunities.



## Healthy Senior Participation Numbers Overall

All in all, the past year drew strong participation of over 217,000 seniors across sport events, interest groups and other programmes, reaching out to more than 349 Active Ageing Centres, Active Ageing Care Hubs and other community partners through our collaboration efforts. Regular participation in sport and exercise by seniors increased from 55% in 2015 to 74% in 2022 according to the latest National Sports Participation Survey (NSPS) 2022.

When asked about their motivations to participate in sports and exercise in the year, seniors who were regular participants (at least once weekly) ranked better physical health top (90%), followed by better mental health or to de-stress (24%) and to look or feel good (19%) as their top reasons to be active.

# INDUSTRY DEVELOPMENT



## Catalysing Sport Innovation

In November 2022, to address the industry pain points faced by the sport technology community, Sport Singapore partnered with the Global Sports Innovation Centre powered by Microsoft (GSIC) to publish the inaugural set of sport industry problem statements on fan engagement, athlete performance management, mass participation and sustainability. Sport Singapore and GSIC also launched the International Sports Groundbreakers Challenge to call on local and international companies to develop innovative solutions to more than 30 problem statements. Out of the 230 entries across 77 startups from more than 25 countries, 10 startups were awarded and are now at various stages of discussion and testing with the problem statement owners.

## Anchoring International Sport Federation

The International Sports Federations are the apex representation of their respective sports. As a vibrant marketplace for local, regional and international businesses, Sport Singapore aims to attract and anchor these sports federations to leverage our capabilities to innovate and elevate sporting experiences for high performance athletes and mass participation. With that in mind, the International Table Tennis Federation and Sport Singapore signed a Memorandum of Understanding to kickstart discussions for the world's first "Home of Table Tennis" (HoTT) during the Finals of the Singapore Smash in March 2023. It signalled our commitment to raise the profile of table tennis globally. Envisioned as an international centre of excellence, the HoTT in Singapore would create avenues for athletes and coaches to strengthen capabilities and be a testbed for innovation and technology. It could also contribute to the development of programmes and initiatives to further grow community participation and spectatorship in table tennis.

## Braving new frontiers with International Olympic Committee, World Aquatics and other major sport events

Sport Singapore has continued to build up a strong portfolio of international sporting events. The International Olympic Committee (IOC) announced Singapore as host country for the first-ever Olympic Esports Week, which was successfully held from 22 to 25 June 2023. This marked the IOC's biggest step yet into the esports world and reinforced its confidence in Singapore's ability to host major sporting events and co-curate major innovation in the Olympic Movement, having successfully hosted the inaugural Youth Olympic Games in 2010.

## Return of Mass Participation Events

2022 saw the full return of sporting events which involved mass participation. In April 2022, Sport Singapore launched the third wave of the Blended Events Grant to encourage the reintroduction of mass participation sport events and festivals. We received more than 90 applications from 45 companies from this wave alone, with more than \$2 million awarded for a wide range of sporting activities. From the launch of the Blended initiative in 2020 to date, more than 110 companies have benefitted from the grant, engaging close to 130,000 participants through the sporting events. The Grant has been critical in revitalising sporting activities and strengthening the local events industry, as large scale mass participation events returned in phases.

The 2022 OCBC Cycle event featured the first 20km City Ride, with over 2,000 cyclists cycling in-person through Singapore's Central Business District to the National Stadium. The Women's Asia Oceania Floorball Confederation Cup (Women's AOFC Cup) took place at the OCBC Arena, with participation from international teams from the Philippines, Malaysia, Indonesia,



In the same vein of bringing blue ribbon sporting events to Singapore, the World Aquatics also announced in February 2023 that Singapore will be the first ASEAN nation to host the World Aquatics Championships in 2025. Fans can expect to catch competitions across six sports including swimming, water polo, diving, artistic swimming, open water swimming and high diving. The event is expected to attract over 2,500 athletes from over 200 countries.

Meanwhile, the inaugural Arena Games Triathlon (AGT), a result of the partnership between Super League Triathlon and World Triathlon, marked the first-time professional triathletes swam in the Marina Bay Reservoir before completing the 4km bike and 1km run legs on smart trainers and self-powered curved treadmills placed on the Marina Bay Promenade. It encapsulated the possibilities of real-life and virtual racing action via Zwift's online platform.

Thailand and Singapore. The Men's World Floorball Championship Qualifications AOFC hosted seven international teams, offering high-energy floorball action from the best in Asia Pacific. The Standard Chartered Singapore Marathon returned in its full format in 2022, attracting close to 40,000 runners.

WTT Singapore Smash 2023, which aired in 196 markets, featured ten action-packed main draw days. In providing more top-level competition, the mixed doubles draw was expanded from 16 to 24 pairs, and the number of seeds in the singles tournaments was increased from 8 to 16 players. For the 2024 edition, Sport Singapore will be collaborating with WTT to produce a bigger and better event, strengthening connection with the table tennis community, and encouraging community activations for enthusiasts and aspiring players.

Following the success of the FIBA 3x3 Asia Cup 2022, it was confirmed that Singapore would continue to host the FIBA 3x3 Asia Cup for the next three editions, till 2025. The 2022 edition drew over 4,000 spectators to the Sports Hub and had an estimated digital reach of 35 million. It featured a record 51 teams from 29 different countries, over five competition days.

The community can look forward to more marquee sports events over the next few years.

# INFRASTRUCTURE

## A more Vibrant Kallang Alive precinct

The second half of 2022 saw good progress towards a more vibrant, integrated Kallang Alive precinct, as Sport Singapore took over the ownership and management of the Singapore Sports Hub. The planned development of facilities such as the Kallang Football Hub and Kallang Tennis Hub continued to make good progress, with a robust mix of events and other programmes also in the pipeline.



## Enhancing our Sport Facilities to Allow More to be Active

Under the Sport Facilities Master Plan (SFMP), Sport Singapore continued to refresh and introduce new infrastructure and concepts to enhance accessibility to sports facilities, encourage social mixing, and drive participation.

To ensure that rejuvenated and new facilities catered to seniors and PwDs, we retrofitted swimming pools in six ActiveSG Sport Centres with ramps for wheelchairs, and set up eight inclusive ActiveSG gyms. We were on track to make all 27 ActiveSG gyms inclusive by 2026.

Several other projects are in their final stages of completion. These included the ActiveSG Sport Village @ Jurong Town, and rejuvenation of Delta and Choa Chu Kang ActiveSG Sport Centres.

Meanwhile, the Sport-in-Precinct (SIP) project continued to expand its presence in more neighbourhoods, with completions in Sembawang, Punggol, and Buona Vista and more coming up in Gek Poh, Nee Soon Central, and Woodlands. This will provide the community with a wider range of sport facilities that are easily accessible, allowing more to be active.

## Bringing More Integrated Sport and Community Hubs to Residents

October 2022 marked the soft opening of the Bukit Canberra integrated sport and community hub. The development when fully completed will include amenities such as a large indoor sport hall, four swimming pools, the largest and inclusive ActiveSG gym, a polyclinic, a senior care centre, childcare centre, parks and lifestyle related amenities – set within a lush and natural environment. The indoor sports hall and hawker centre opened to the public in end 2022, with the rest to come on stream progressively.

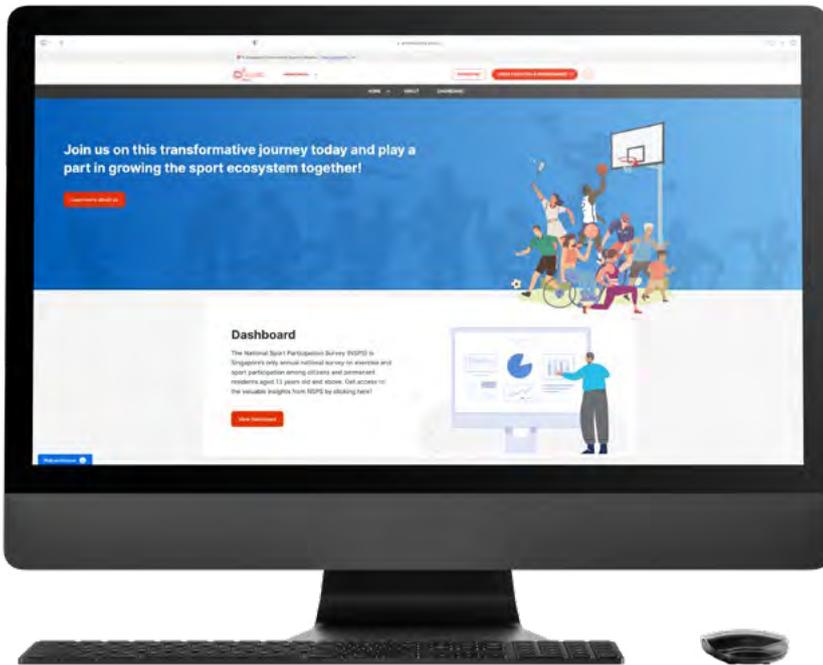
In February 2023, we conducted a public exhibition for the Toa Payoh Integrated Development. Expected to be ready by 2030, the development will be an exciting lifestyle destination

offering health, wellness and learning experiences, while preserving the location's heritage and greenery. It will house community facilities such as a public library, polyclinic, and event spaces, as well as sporting facilities such as swimming pools, indoor sport halls, sheltered tennis, futsal and netball courts, gymnasium, fitness studios, and a football stadium. There are also plans to house the national training centres for aquatics, netball and table tennis.

In March 2023, plans for another integrated development – Chong Pang City – were unveiled. Expected to be completed in 2027, the green, smart and inclusive development will house an array of sports facilities and other amenities such as a community club, hawker centre, market, and shops.



# TECHNOLOGY



## Embracing Open Innovation Culture through SPORTDEXSG

The Sport Data Exchange Singapore or SPORTDEXSG, is a web-based portal that facilitates the sharing of data and insights between sport-ecosystem players in Singapore and beyond. The pilot phase of SPORTDEXSG was launched in August 2022, unlocking collaboration opportunities as ecosystem partners share and apply their data for a stronger Sporting Singapore. The platform will catalyse digital transformation in the industry, empowering companies to harness

the power of data and insights to drive innovation and growth. Since its launch, the pilot has attracted more than 3,700 users and over 34 partners from the sports ecosystem expressing interest to collaborate on data and analytics.

The interactive National Sport Participation Survey (NSPS) dashboard is one of the platform's key features. The annual survey aims to understand the profile of participants and the public's perception of sport and exercise, including their motivations and barriers to participation. Insights from the survey and dashboard can be used to shape the direction and strategy for future sporting programmes, initiatives and campaigns in Singapore.

## Enhancing our Surveillance System to Ensure Safety at our Sport Centres

ActiveSG deploys the use of technology to complement lifeguards' capabilities. The Computer Vision Drowning Detection System (CVDDS) is currently used at 16 pools across 16 sport centres to automate our pool surveillance and enhance safety of swimmers. This digitisation effort is reflective of ActiveSG's move towards leveraging technology to enhance working norms and ensure safety of

our sport facilities are optimised as Singaporeans become more active in sport and exercise. ActiveSG will progressively deploy more CVDDS to the remaining swimming complexes.

This is to ensure continued strong surveillance and responsive rescue at our pools remain as top priorities. Last year, ActiveSG also implemented the Pool Guardian scheme to support our lifeguards. These Pool Guardians, certified in CPR and AED, are deployed to wading pools and play areas to complement our lifeguard deployment, to ensure surveillance of our pools are adequately covered. This also allows our lifeguards to focus on higher-risk areas such as competition pools and enhance the overall safety of our facilities.

# TEAM NILA

## Exemplifying the Singapore Spirit through Sport

Team Nila continued to be at the forefront of sport events in Singapore. In 2022, over 5,600 new recruits put in more than 120,000 volunteer hours, with participation in about 700 events and programmes across all five giving platforms: Sport Centres, Sporting Events, Academies and Clubs, SportCares, and Active Health. This is an incredible accomplishment for Team Nila, who has been frequently seen at sporting events such as the FIBA 3X3 Asia Cup and the WTT Singapore Smash. Team Nila has also extended its contributions to society beyond the realm of sport. For example, in February 2023, Team Nila stepped up to support the Turkey earthquake relief efforts, which included packing and sorting of donation items.

In recognition of their contributions to the community, over 305 Team Nila volunteers received Gold, Silver, or Bronze awards for their volunteering activities in 2022. This was nearly 1.5 times of the number of awards presented for the previous year.

With sport fully resumed and the frequency of large-scale events picking up, there will be more opportunities for Team Nila to use sport as a force for good in making a meaningful difference to society. This will inspire more Singaporeans to step up to the plate as volunteers, to inspire and galvanise the nation through sport and volunteerism.



## Force for Good

During the pandemic, Team Nila demonstrated adaptability, responsiveness, and resiliency. Our sport volunteers responded to community needs amidst COVID-19, alongside other frontline personnel and Singaporeans. For its efforts, Team Nila was awarded the President's Certificate of Commendation (COVID-19), presented to organisations and teams whose outstanding efforts had a substantial impact on Singapore's fight against COVID-19.

In addition, four Team Nila sport volunteers were awarded the Public Service Medal (COVID-19), for having led projects and contributed significantly to supporting national efforts against COVID-19. Mr Velappakutty Gagan, Mr Daniel Lee Soi Keng, Ms Hameiza Abdul Hamid and Mr Keh Eng Song – were conferred the individual Public Service Medal (COVID-19) for their contributions to supporting national efforts against COVID-19.

